

PUERTO RICO KICKBOXING OPEN 2025

WAKO KICKBOXING DIVISIONS

MUSICAL FORMS

| MALE | | FEMALE |
|---|--|---|
| CHILDREN & YOUNGER CADETS: AGES 7-12 | | CHILDREN & YOUNGER CADETS: AGES 7-12 |
| OPEN HANDS | | OPEN HANDS |
| WEAPONS | | WEAPONS |
| OLDER CADETS & JUNIORS: AGES 13-18 | | OLDER CADETS & JUNIORS: AGES 13-18 |
| OPEN HANDS | | OPEN HANDS |
| WEAPONS | | WEAPONS |
| SENIORS & MASTERS: AGES 19-55 | | SENIORS & MASTERS: AGES 19-55 |
| OPEN HANDS | | OPEN HANDS |
| WEAPONS | | WEAPONS |

POINT FIGHTING

| MALE | | FEMALE |
|-----------------------------------|--|-----------------------------------|
| CHILDREN: AGES 7-9 | | CHILDREN: FEMALE AGES 7-9 |
| OPEN WEIGHT | | OPEN WEIGHT |
| YOUNGER CADETS: AGES 10-12 | | YOUNGER CADETS: AGES 10-12 |
| -42KG | | -42KG |
| -47KG | | -47KG |
| +47KG | | +47KG |
| OLDER CADETS: AGES 13-15 | | OLDER CADETS: AGES 13-15 |
| -47KG | | -46KG |
| -57KG | | -55KG |
| -69KG | | -65KG |
| +69KG | | +65KG |
| JUNIORS: AGES 16-18 | | JUNIORS: AGES 16-18 |
| -63KG | | -55KG |
| -74KG | | -65KG |
| -84KG | | -70KG |
| -94KG | | +70KG |
| +94KG | | |
| SENIORS: AGES 19-40 | | SENIORS: AGES 19-40 |
| -63KG | | -55KG |
| -74KG | | -65KG |
| -84KG | | -70KG |
| -94KG | | +70KG |
| +94KG | | |
| MASTERS: AGES 41-55 | | MASTERS: AGES 41-55 |
| -74KG | | -65KG |
| -84KG | | +65KG |
| +84KG | | |

PUERTO RICO KICKBOXING OPEN 2025

POINT FIGHTING: OPEN WEIGHT, TAG TEAM & TEAM SPARRING

OPEN WEIGHT:

AGES: 16-18

AGES: 19-40

OPEN WEIGHT:

AGES: 16-18

AGES: 19-40

TEAM SPARRING:

AGES: 10-12

AGES: 13-15

AGES: 16-18

AGES: 19-55

TEAM SPARRING:

AGES: 10-12

AGES: 13-15

AGES: 16-18

AGES: 19-55

TAG TEAM SPARRING:

AGES: 10-12

AGES: 13-15

AGES: 16-18

AGES: 19-55

TAG TEAM SPARRING:

AGES: 10-12

AGES: 13-15

AGES: 16-18

AGES: 19-55

LIGHT CONTACT

MALE

CHILDREN: AGES 7-9

OPEN WEIGHT

YOUNGER CADETS: AGES 10-12

-42KG

-47KG

+47KG

OLDER CADETS: AGES 13-15

-47KG

-57KG

-69KG

+69KG

JUNIORS: AGES 16-18

-63KG

-74KG

-84KG

-94KG

+94KG

SENIORS: AGES 19-40

-63KG

-74KG

-84KG

-94KG

+94KG

MASTERS: AGES 41-55

-74KG

-84KG

+84KG

FEMALE

CHILDREN: FEMALE AGES 7-9

OPEN WEIGHT

YOUNGER CADETS: AGES 10-12

-42KG

-47KG

+47KG

OLDER CADETS: AGES 13-15

-46KG

-55KG

-65KG

+65KG

JUNIORS: AGES 16-18

-55KG

-65KG

-70KG

+70KG

SENIORS: AGES 19-40

-55KG

-65KG

-70KG

+70KG

MASTERS: AGES 41-55

-65KG

+65KG

PUERTO RICO KICKBOXING OPEN 2025

KICK LIGHT

| MALE | | FEMALE |
|---------------------------------|--|---------------------------------|
| OLDER CADETS: AGES 13-15 | | OLDER CADETS: AGES 13-15 |
| -47KG | | -46KG |
| -57KG | | -55KG |
| -69KG | | -65KG |
| +69KG | | +65KG |
| JUNIORS: AGES 16-18 | | JUNIORS: AGES 16-18 |
| -63KG | | -55KG |
| -74KG | | -65KG |
| -84KG | | -70KG |
| -94KG | | +70KG |
| +94KG | | |
| SENIORS: AGES 19-40 | | SENIORS: AGES 19-40 |
| -63KG | | -55KG |
| -74KG | | -65KG |
| -84KG | | -70KG |
| -94KG | | +70KG |
| +94KG | | |
| MASTERS: AGES 41-55 | | MASTERS: AGES 41-55 |
| -74KG | | -65KG |
| -84KG | | +65KG |
| +84KG | | |

PUERTO RICO KICKBOXING OPEN 2025

KICKBOXING AGE CATEGORIES

| | |
|--------------------------------------|-------------------------------|
| CHILDREN (BORN 2016, 2017, 2018) | JUNIORS (BORN 2007,2008,2009) |
| YOUNGER CADETS (BORN 2013,2014,2015) | SENIORS (BORN 1985-2006) |
| OLDER CADETS (BORN 2010,2011,2012) | MASTERS (1970-1984) |

WEIGH INS AND MEDICAL CHECK UP:

SATURDAY SEPTEMBER 6TH: AT THE VENUE: TKD ATHLETES 8-10AM
 SATURDAY SEPTEMBER 6TH: AT THE VENUE: WAKO ATHLETES 2-4PM
 SUNDAY SEPTEMBER 7TH: AT THE VENUE: WAKO ATHLETES 7-10AM

RULES AND DIVISIONS:

WAKO PUERTO RICO RULES AND DIVISIONS ARE IMPLEMENTED FOR THIS EVENT.
 BEGINNERS/INTERMEDIATE AND AVANCED COMPETITORS WILL BE DIVIDED.
 TRADITIONAL KATAS & TRADITIONAL TKD FORMS AND SPARRING WILL FOLLOW TRADITIONAL GUIDELINES.

COMPETITION ATTIRE:

TRADITIONAL UNIFORMS: CAN BE USED ONLY FOR FORMS AND KATA DIVISIONS.
 POINT FIGHTING: POINT FIGHTING UNIFORM
 LIGHT CONTACT: TSHIRT AND KICKBOXING LONG PANTS (NO TRADITIONAL LETTERING OR WORDS).
 KICK LIGHT: SLEEVELESS OR TSHIRT AND KICKBOXING SHORTS. (NO TRADITIONAL LETTERING OR WORDS).
 COACHES: TRACK SUIT OR TSHIRT AND LONG PANTS. (NO SHORTS).

PUERTO RICO KICKBOXING OPEN 2025

COMPETITION & ENTRY FEES:

ALL REGISTRATION WILL BE THROUGH RSPORTZ AND SPORTDATA:

INDIVIDUAL REGISTRATION: \$65.00 USD: 1 OR 2 EVENTS

EACH ADDITIONAL INDIVIDUAL EVENT: \$15.00 USD

TEAM SPARRING: \$50.00 USD - 3 TO 4 MEMBERS

TAG TEAM SPARRING: \$25.00 - 2 MEMBERS

REGISTRATION DEADLINE THURSDAY SEPT 4TH AT 11:59PM

SPECTATORS: \$10.00 ONE DAY PASS - \$15.00 2 DAY PASS

WE RESERVE THE RIGHT OF ENTRY.

NO OUTSIDE FOOD OR BEVERAGES ALLOWED IN THE VENUE.

VAPING, SMOKING OR CONTROLLED SUBSTANCES ARE NOT ALLOWED ON THE PREMISES.

TRANSPORTATION AND HOTELS

TRANSPORTATION AND HOTEL ARRANGEMENTS SHALL BE MADE BY ATTENDEES ACCOUNT.

SCHEDULE

SATURDAY: SEPTEMBER 6TH:

WORLD CLASS TATAMI SEMINAR WITH WORLD CHAMPION BAILEY MURPHY

PUERTO RICO KICKBOXING OPEN PARTICIPANTS:

\$50 WAKO MEMBERS / \$60 NON WAKO AFFILIATED / \$85 NON PR OPEN PARTICIPANTS

AT VENUE MARIO QUIJOTE MORALES COLOSSEUM: 9:00 AM

WEIGH INS AND REGISTRATION

WEIGH INS AND REGISTRATION: TAEKWON-DO COMPETITORS: 8:00-10:00 AM

1:00PM: ALL TAEKWON-DO FORMS AND SPARRING DIVISIONS, CHILDRENS OBSTACLE RACE

WEIGH INS AND REGISTRATION: AT THE VENUE: WAKO & NON WAKO ATHLETES 2:00-4:00 PM

4:30PM: TAG TEAM: POINT FIGHTING / TEAM SPARRING: POINT FIGHTING & LIGHT CONTACT

SUNDAY: SEPTEMBER 7TH:

WEIGH INS AND REGISTRATION: WAKO & NON WAKO ATHLETES 7:00-9:00 AM

10:00AM: ALL KICKBOXING DIVISIONS - TRADITIONAL JAPANESE KATA