



Panamerican  
Kickboxing  
Confederation



# 2023 PUERTO RICO KICKBOXING OPEN

*Tatami & Ring  
Sports*

W★A★K★O  
World Association of Kickboxing Organizations  
PUERTO RICO



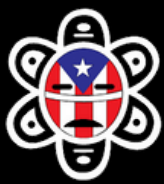
## CANCHA NILMARIE SANTINI

AUGUST 25 - 27, 2023 @ 9:00AM

Information: [wakopr@hotmail.com](mailto:wakopr@hotmail.com)

SUPPORTED BY





# 2023 PUERTO RICO KICKBOXING OPEN



Welcome,

WAKO Puerto Rico proudly presents  
**2023 PUERTO RICO KICKBOXING OPEN**

We are pleased to extend this invitation to the WAKO community worldwide. The event will take place in Puerto Rico from August 25 to 27, 2023.

We welcome athletes, coaches, and referees from all Tatami and Ring modalities. Join us and leave your mark on the history of WAKO Puerto Rico. We are confident that it will be a memorable experience for our kickboxers and participants.

Thank you for your continued support. We look forward to seeing you in our beautiful Puerto Rico.

Best regards,

Albert Camacho  
President  
WAKO Puerto Rico

**OFFICIAL INVITATION**



# 2023 PUERTO RICO KICKBOXING OPEN



Full of history, beautiful beaches, grand mountains, relaxation and adventure, all and more you can find in our Caribbean paradise. In every corner there is a celebration of life, a vibrant cultural experience, and tasty food with captivating rhythms.

Come and discover the treasures of Puerto Rico.  
Get inspired and plan your stay.

Let us be the first to tell you:

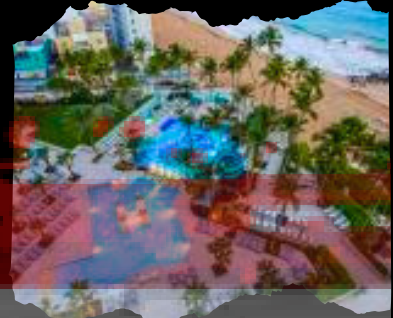
**¡BIENVENIDOS!**  
(WELCOME)



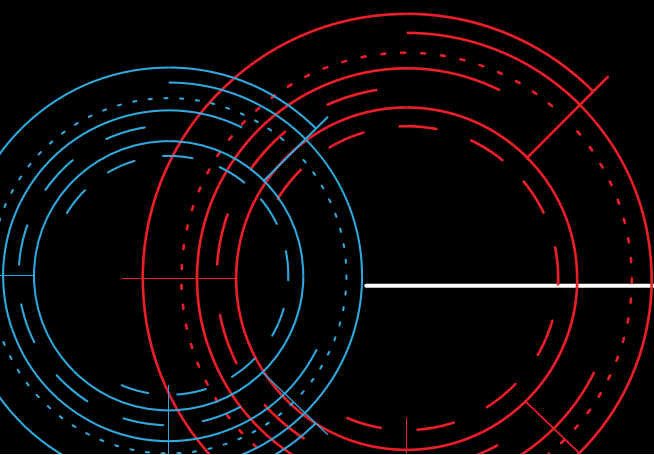
**PUERTO RICO**



# 2023 PUERTO RICO KICKBOXING OPEN



For promotional packages, please contact  
WAKO Puerto Rico.



**HOTELS  
SUGGESTIONS**



# 2023 PUERTO RICO KICKBOXING OPEN



**GENERAL COST: \$50.00**



**SJU - Luis Muñoz Marín International Airport Puerto Rico**



**Transportation**

**Hotel**

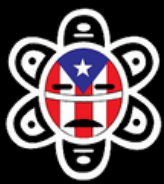
**Venue**

**Hotel**

**Transportation**

**AIRPORT - HOTEL - AIRPORT  
HOTEL - VENUE - HOTEL**

**TRANSPORTATION**



# 2023 PUERTO RICO KICKBOXING OPEN



Dates: **August 25 -27, 2023**

Place: **Puerto Rico**

Competition Cost:

One Division: **\$50.00**

Additional Division: **\$30.00**

General Admission: **\$10.00**

Payments must be made in  
US Dollars.

We reserve the right of entry.

Awards\*:

Medals will be awarded to  
the first, second and two  
third places in each  
division, according to the  
Olympic Awards:

**Gold, Silver and two  
Bronzes**

\*The **dress code** to receive the award is with the  
uniform or tracksuit of their nation.

ONLINE

Registration:

It is essential to have a  
membership at Rsportz in  
your country to be able to  
register on the Sportdata  
platform.

No registrations will be  
accepted after the  
deadline:

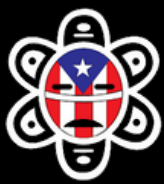
**Monday, August 21, 2023  
at 11:59 p.m. EST**

Modalities:

**Tamati Sports  
Ring Sports**

(Ring sports matches will be made  
in advance by coaches agreement)

**GENERAL  
INFORMATION**



# 2023 PUERTO RICO KICKBOXING OPEN



## Forms and Documents - WAKO

<https://wako.sport/forms-and-documents/>

### Athletes

- **WAKO Medical Certificate Kickboxer:**

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Medical-Certificate-Kickboxer-2021-v2-30012021-SC.pdf>

- **WAKO Medical Questionnaire:**

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Medical-Questionnaire-2021-v1-30012021-SC.pdf>

- **WAKO Parental Consent:**

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Parental-Consent-15082021-SC.pdf>

- **WAKO Liability Waiver:**

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Liability-waiver-2021-SC.pdf>

- **WAKO Non-Pregnancy Declaration**

(for FEMALE KICKBOXERS 14 year and older):

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Non-Pregnancy-Declaration-2021-v1-30012021-SC.pdf>

### Referees

- **WAKO Medical Certificate Referee**

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Medical-Certificate-Referee-2021-v1-30012021-SC.pdf>

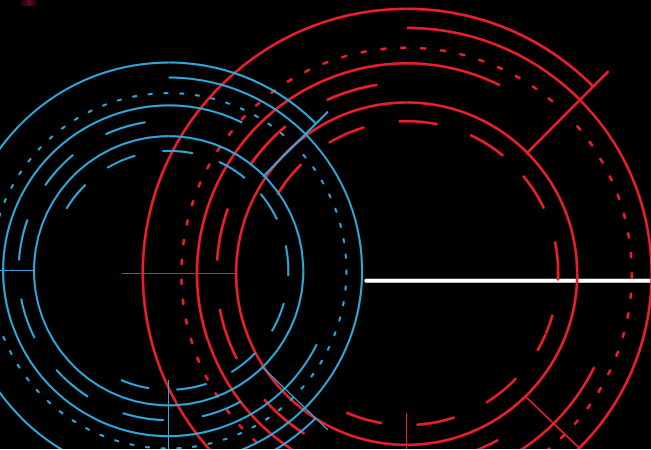
- **WAKO Referee's Code of Conduct**

<https://wako.sport/wp-content/uploads/2022/01/WAKO-Referees-Code-of-Conduct-2020.pdf>

## ANTIDOPING

WAKO implements all the protocols of the AMA Code as an integral part of the fight against doping. During the event, doping tests will be performed on randomly selected participants. Any participant who tests positive will be sanctioned in accordance with WAKO general rules and the WADA code.

**WADA Certificates are REQUIRED at Weight In & Medical Control.**



**GENERAL  
INFORMATION**



# 2023 PUERTO RICO KICKBOXING OPEN



MUSICAL FORMS	
<b>YOUNGER CADETS AND CHILDREN: MALE</b>	<b>YOUNGER CADETS AND CHILDREN: FEMALE</b>
OPEN HANDS	OPEN HANDS
WEAPONS	WEAPONS
<b>JUNIOR AND OLDER CADETS: MALE</b>	<b>JUNIOR AND OLDER CADETS: FEMALE</b>
OPEN HANDS	OPEN HANDS
WEAPONS	WEAPONS
POINT FIGHTING	
<b>CHILDREN: MALE</b>	<b>CHILDREN: FEMALE</b>
OPEN WEIGHT	OPEN WEIGHT
<b>YOUNGER CADETS: MALE</b>	<b>YOUNGER CADETS: FEMALE</b>
-32KG	-32KG
-42KG	-42KG
-47KG	-47KG
+47KG	+47KG
<b>OLDER CADETS: MALE</b>	<b>OLDER CADETS: FEMALE</b>
-37KG	-37KG
-47KG	-46KG
-57KG	-55KG
-69KG	-65KG
+69KG	+65KG
<b>JUNIORS: MALE</b>	<b>JUNIORS: FEMALE</b>
-63KG	-55KG
-74KG	-65KG
-84KG	-70KG
-94KG	+70KG
+94KG	
<b>SENIORS: MALE</b>	<b>SENIORS: MALE</b>
-63KG	-55KG
-74KG	-65KG
-84KG	-70KG
-94KG	+70KG
+94KG	
<b>MASTERS: MALE</b>	<b>MASTERS: FEMALE</b>
-74KG	-65KG
-84KG	+65KG
-94KG	
+94KG	

**TATAMI SPORTS**

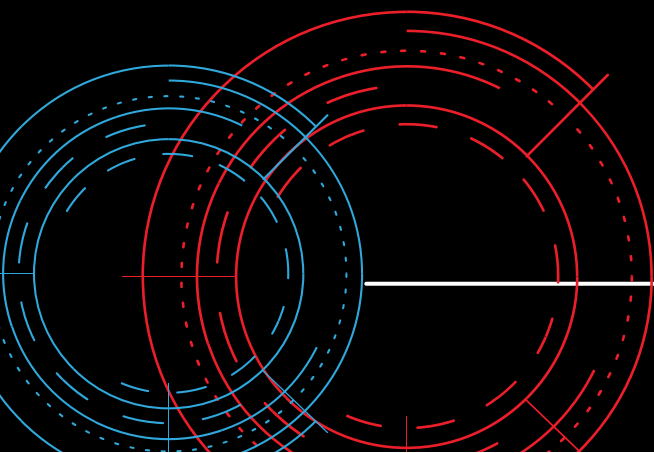




# 2023 PUERTO RICO KICKBOXING OPEN



LIGHT CONTACT	
<b>YOUNGER CADETS: MALE</b>	<b>YOUNGER CADETS: FEMALE</b>
-32KG	-32KG
-42KG	-42KG
-47KG	-47KG
+47KG	+47KG
<b>OLDER CADETS: MALE</b>	<b>OLDER CADETS: FEMALE</b>
-37KG	-37KG
-47KG	-46KG
-57KG	-55KG
-69KG	-65KG
+69KG	+65KG
<b>JUNIORS: MALE</b>	<b>JUNIORS: FEMALE</b>
-63KG	-55KG
-74KG	-65KG
-84KG	-70KG
-94KG	+70KG
+94KG	
<b>SENIORS: MALE</b>	<b>SENIORS: MALE</b>
-63KG	-55KG
-74KG	-65KG
-84KG	-70KG
-94KG	+70KG
+94KG	
<b>MASTERS: MALE</b>	<b>MASTERS: FEMALE</b>
-74KG	-65KG
-84KG	+65KG
-94KG	
+94KG	



**TATAMI SPORTS**

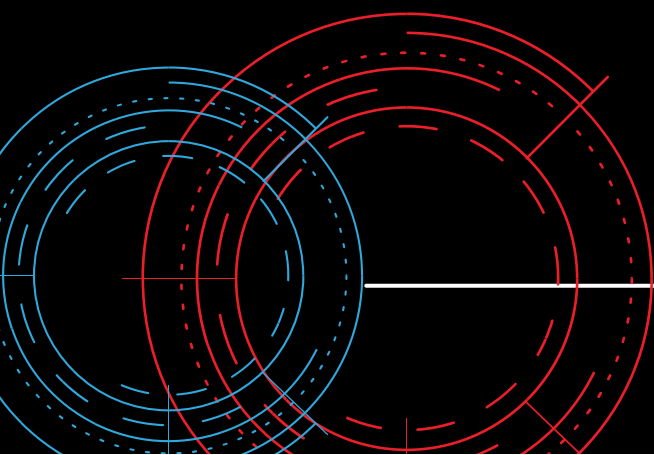


# 2023 PUERTO RICO KICKBOXING OPEN



KICK LIGHT	
<b>OLDER CADETS: MALE</b>	<b>OLDER CADETS: FEMALE</b>
-37KG	-37KG
-47KG	-46KG
-57KG	-55KG
-69KG	-65KG
+69KG	+65KG
<b>JUNIORS: MALE</b>	<b>JUNIORS: FEMALE</b>
-63KG	-55KG
-74KG	-65KG
-84KG	-70KG
-94KG	+70KG
+94KG	
<b>SENIORS: MALE</b>	<b>SENIORS: MALE</b>
-63KG	-55KG
-74KG	-65KG
-84KG	-70KG
-94KG	+70KG
+94KG	
<b>MASTERS: MALE</b>	<b>MASTERS: FEMALE</b>
-74KG	-65KG
-84KG	+65KG
-94KG	
+94KG	

**WAKO IF RULES AND DIVISIONS ARE IMPLEMENTED FOR THIS EVENT.  
BEGINNERS/INTERMEDIATE AND ADVANCED COMPETITORS  
WILL BE DIVIDED, IF NEEDED.**



**TATAMI SPORTS**



**2023 PUERTO RICO KICKBOXING OPEN**



# **RING SPORTS:**

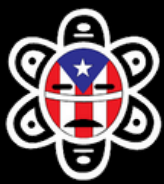
**FULL CONTACT, LOW KICK & K1 STYLE**

**ALL RING SPORTS MATCHES WILL BE  
MADE IN ADVANCE BY THE  
COACHES' AGREEMENT**

**WAKO IF RULES AND DIVISIONS ARE IMPLEMENTED FOR THIS EVENT.  
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**RING SPORTS**



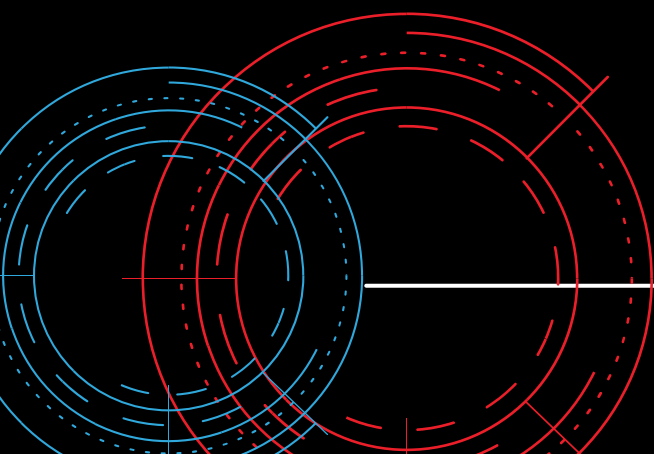
# 2023 PUERTO RICO KICKBOXING OPEN



TATAMI CATEGORIES	AGES			YEARS OF BIRTH		
CHILDREN	7	8	9	2016	2015	2014
YOUNGER CADETS	10	11	12	2013	2012	2011
OLDER CADETS	13	14	15	2010	2009	2008
JUNIORS	16	17	18	2007	2006	2005
SENIORS	19	to	40	1983	to	2004
MASTERS	41	to	55	1968	to	1982

RING CATEGORIES	AGES			YEARS OF BIRTH		
JUNIORS	15	to	18	2005	to	2008
SENIORS	19	to	40	1983	to	2004

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**AGE CATEGORIES**